



Coronavirus update from Somerset County Council

All our help and information is now **available in a single place** on the SCC website <https://www.somerset.gov.uk/latest-coronavirus-updates/>

This page is refreshed through the day so please check in regularly to keep across developments and news.

Public Health dashboard: Detailed Public Health information dashboards are available on our website www.somerset.gov.uk/coronavirus just scroll down to 'Covid-19 dashboard'. These are updated daily.

Top stories today:



Pause at Step 3 on the lockdown route map

The Government has announced a four-week pause at Step 3 on the route map out of lockdown with some restrictions remaining in place.

It is expected that England will move to Step 4 on 19 July, though the data will be reviewed after two weeks in case the risks have reduced. The data will be monitored and the move to Step 4 will be confirmed one week in advance.

Some restrictions are due to change on 21 June with changes as follows:

- weddings and civil partnership ceremonies and wedding receptions or civil partnership celebrations
- commemorative events following a death such as a wake, stone setting or ash scattering

- large events pilots
- care home visits
- domestic residential visits for children

Some restrictions which were expected to be lifted will remain in place for the moment:

- Limits on the number of people who can mix indoors and outdoors
- Pubs, clubs, theatres and cinemas still have to operate within capacity limits
- Limited numbers of people allowed to attend sports events
- Nightclubs remain closed

It's really important that we continue to follow the guidance – and please remember “hands, face, space, fresh air”.

For more detail on the restrictions, visit: <https://www.gov.uk/guidance/covid-19-coronavirus-restrictions-what-you-can-and-cannot-do>



Vaccine roll-out reaches young adults aged 23 and over

The COVID-19 vaccine roll-out has reached young adults, with those aged 23 years old and over now invited to book their vaccination appointments: [Book or manage your coronavirus \(COVID-19\) vaccination - NHS \(www.nhs.uk\)](https://www.nhs.uk/booking/coronavirus-vaccination).

You can't choose which COVID-19 vaccine you get, but you will be allocated one based partly on your age. Those under 40 years old or pregnant, will get the Pfizer or Moderna vaccines, but if you've already had one Oxford-AstraZeneca jab with no after-effects, you should have a second dose.

Younger people may think that they're less likely to be seriously ill if they catch coronavirus because of their age and general good health, compared say to older and more vulnerable people. And that may be true. But don't let that persuade you not to have the vaccine. You might still catch coronavirus,

and studies are now suggesting that those who have been vaccinated are less likely to transmit the virus to other people.

The 1st dose should give you good protection from 3 or 4 weeks after you've had it. You need 2 doses for stronger and longer-lasting protection.

Please take up the vaccine when it's offered to you, not just to protect you, but to also help protect others. For more information on the COVID-19 vaccine, visit [Coronavirus \(COVID-19\) vaccines - NHS \(www.nhs.uk\)](https://www.nhs.uk/coronavirus/covid-19/vaccines)



Support for Somerset residents

Help is available for anyone in Somerset who may need additional support. The five councils in Somerset have been working together since the first lockdown to provide a single phone number for anyone in Somerset who needs Coronavirus-related support.

Residents are reminded they can call 0300 790 6275 if they need any help themselves or are concerned about relatives or neighbours. Lines are open seven days a week between 8am and 6pm.



Reduce the risks and follow advice

It's vital everyone acts to reduce their own risk, and the risk to others, from getting ill with coronavirus.

There's really important information available to help Somerset residents, businesses and visitors take all-important precautions.

[Read more](#)





Send to a friend

These coronavirus bulletins are now available to anyone. Please send to a friend who would like to stay up to date with the latest developments. To sign up simply visit [Coronavirus updates \(somerset.gov.uk\)](https://www.somerset.gov.uk/coronavirus-updates).

Read more



[Unsubscribe](#)

Somerset County Council, County Hall, Taunton, TA1 4DY