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Somerset Health and Wellbeing Advisory Network

Helping you to help others



**People aged 75 & over
are now eligible for their
Spring Covid-19 Booster**

Book online, call 119
or visit a walk-in centre

Search 'Grab a Jab' 

 SOMERSET
CORONAVIRUS  SOMERSET
County Council

Vaccination Clinics In Somerset

Sedgemoor

Bridgwater Town Hall, High St, TA6
3BL

Every Friday: 9am - 2pm

Walk in

Bridgwater Community

Hospital, [Bower Lane](#), [Bridgwater](#), TA6
6JE

Every Sunday: 9am - 7pm

Auction / Market at Junction 24 Market
Way, North Petherton TA6 6DF

Saturday 21st May: 9am - 3pm

Walk in

Sydenham Pantry, Community Hub,
Fairfax Road, Bridgwater, TA6 4HX

Wednesday 25th May: 1pm - 6pm

Walk in

Hamp Pantry, Grenville House, [Rhode
Lane](#), [Bridgwater](#), TA6 6JE

Thursday 26th May: 1pm - 6pm

Walk in

[Click Here To Download & Print Poster](#)

Somerset West and Taunton

Minehead Community Hospital, Luttrell
Way, Minehead, TA24 6DF

Every Tuesday: 8:30am - 7pm

Everyday Saturday: 10am - 5pm

Walk in

Wellington Community Hospital,
Bulford Lane, Wellington, TA21 8QQ

Tuesday & Thursday: 9am - 5pm

Walk in

Wiveliscome Community Hall, West
Street, Wiveliscombe, TA4 2JP

Wednesday 25th May: 2pm - 6pm

Walk in

Exmoor Rural Health Hub, Moorland
Hall, Wheddon Cross, Minehead, TA24
7DU

Wednesday 1st June: 9am - 3pm

Walk in

Priorswood Community Centre, 13-14
Priorswood Place, Taunton, TA2 7JW

Sat 14th & 28th May: 12pm - 6pm

Sat 11th June: 2pm - 6pm

Sat 25th June: 12pm - 6pm

Walk in

Mendip

Clarks Village (Alfred Gillet Trust Building) Outlet Shopping Village, Farm Road, Street, BA16 0BB

Thurs 19th & 26th May: 9am-5pm

Tues 24th & 31st May: 9am - 5pm

Sunday 22nd May: 10am - 4pm

Walk in

Cheese & Grain, Market Yard, Justice Lane, Frome, BA11 1BE

Wednesday 25th May: 9am - 5pm

Thursday 2nd June: 9am - 5pm

Walk in

Frome Market, Standerwick, Frome, BA11 2QB

Wednesday 25th May: 10am - 2pm

Walk in

South Somerset

Chard Leisure Centre, Fore Street, Chard, TA20 1GR

Wednesday 25th May: 9am - 5pm

Thursday 2nd June: 9am - 5pm

Walk in

Crewkerne Henhayes Centre, South Street, Crewkerne, TA18 8DA

Sunday 15th May: 9:30am - 5pm

Walk in

New walk in clinics are regularly available across the county. Please encourage your networks to [check the NHS walk in site for up to date information](#).

Local Vaccine Centres

Asking the same question over and over again. over and over again. over and over again.

It's not called getting old, it's called getting ill.

Dementia Action Week
16-22 May 2022



Dementia Action Week 16 - 22 May

This year the theme of Alzheimer's Society Dementia Action Week is diagnosis. Research shows that the misconception around memory loss being a sign of normal ageing is the biggest barrier to people seeking a dementia diagnosis. With diagnosis

rates falling to a five-year low, we want to encourage those who might be living with undiagnosed dementia to get guidance and support so they can feel empowered to take the next step.

As well as the misconception around [memory loss just being part of getting old](#), research found being in denial, and referral times to specialists, are big barriers for those experiencing symptoms to seek a diagnosis.

Please share the resources and tools available with all your networks to help people understand more about dementia and how to get diagnosed.

[Reminiscence Learning](#)

[Click Here For More Info](#)

[Reminiscence Learning Facebook](#)

[My Brain Health Plan - Free Quiz](#)

Clinton Roger's Film

This week, Clinton meets with [Reminiscence Learning](#) to learn more about the work they are doing around dementia awareness ahead of Dementia Action Week (16-22 May).



[Click Here To Watch](#)

Mental Health Awareness Week

9 - 15 May 2022

#IveBeenThere



Practical Advice

Resources

Stories of Loneliness

Loneliness Report

Together we can tackle loneliness

This week is Mental Health Awareness Week, raising awareness of the impact of loneliness on our mental health and the practical steps we can take to address it.

One in four adults feel lonely some or all of the time.

There's no single cause and there's no one solution.

After all, we're all different! But, the longer we feel lonely, the more we are at risk of mental health problems.

The [Mental Health Foundation](#) have great information and resources available. Please share widely with your networks.

