



Somerset Health and Wellbeing Advisory Network

Helping you to help others

The Public Health team would like to wish everyone a happy and safe long weekend. People are encouraged to enjoy the Bank Holiday sensibly and take very simple steps to protect themselves against Covid-19 and other infectious diseases.

Living with Covid-19

Professor Trudi Grant, Somerset's Director of Public Health said:

"Covid-19 has not gone away and there are several other infectious diseases circulating, so we would like to remind people to take care when mixing with people indoors and outside. Whilst the number of Covid-19 cases in Somerset are currently low, people should still take precautions – like taking a lateral flow test if mixing with vulnerable family or friends or staying at home if feeling unwell with a high temperature or flu-like symptoms.

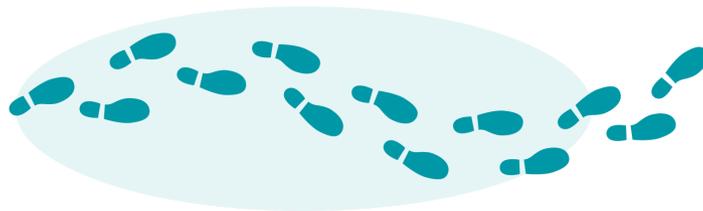
"There are still some simple steps we can all take to reduce the chance of spreading infectious diseases, like Covid-19. Washing your hands frequently and ensuring you cover your mouth and nose when coughing or sneezing can prevent the spread of Covid-19, as well as lots of other common infections. The best protection against Covid-19 is to get fully vaccinated and there are walk-in vaccination centres across Somerset. We know the vaccine is safe, effective and provides the best protection against serious illness from Covid-19, and as legally mandated restrictions have been lifted, our first lines of defence, like vaccinations, become even more vital."

Dr Charlotte Bigland, Consultant in Health Protection at UKHSA South West said:

“Monkeypox is also circulating nationally and internationally, so it’s important for people to stay vigilant. Anyone with unusual rashes or lesions on any part of their body should contact 111 or their local sexual health service for advice. If you think you might have Monkeypox, please phone ahead before attending a healthcare setting in person so we can ensure a good clinical experience.”

UKHSA have established a dedicated telephone line for non-clinical enquiries. The service can be used for direct communication with UKHSA by individuals impacted by monkeypox such as low-risk contacts, or the public for general queries. This new service is live and available from 8am-6pm Mon-Fri, and 9am-1pm Sat-Sun. The service can be reached on 0333 2423 672.

Walk In Covid Vaccination Clinics



To help you promote the walk in vaccination sites in your area, we have created a range of social media graphics and posters. [Please click here to download.](#)

[Click Here for Social Posts & Poster](#)

Sedgemoor

Bridgwater Town Hall, High St, TA6 3BL

Every Friday: 9am - 2pm - Walk in

**closed Fri 3rd June*

Book a Children only age 5+: 2pm-5pm

*check [GAJ](#) for specific children's (5+) clinics & times

Appointments now open on [NBS](#).

Sydenham Pantry, Community Hub,
Fairfax Road, Bridgwater, TA6 4HX

Wednesday 8th & 25th June: 1pm - 6pm

Bridgwater Community Hospital, Bower

Thurs 2nd & Fri 3rd June: 11am - 3pm

Every Sunday from the 12th June: 9am - 5pm

**closed Sun 5th June*

Auction / Market at Junction 24 Market
Way, North Petherton TA6 6DF

Saturday 18th June: 9am - 3pm

Hamp Pantry, Grenville House, Rhode
Lane, Bridgwater, TA6 6JE

Thursday 9th & 23rd June: 1pm - 6pm



Tower Vaccination Centre: Tower Road,
Taunton, TA1 4AF

7 days a week: 9am - 7pm

Book a Children only age 5+:

*check [GAJ](#) for specific children's (5+) clinics & times

Appointments now open on [NBS](#).

Minehead Community Hospital, Luttrell
Way, Minehead, TA24 6DF

Every Tuesday: 8:30am - 7pm

Somerset West and Taunton

Priorswood Community Centre, 13-14

Priorswood Place, Taunton, TA2 7JW

Sat 28th May: 12pm - 6pm

Sat 11th June: 2pm - 6pm

Sat 25th June: 12pm - 6pm

Wellington Community Hospital, Bulford
Lane, Wellington, TA21 8QQ

Tuesday & Thursday: 9am - 5pm

**closed Thurs 2nd June*

Mendip

Haskins: 76 High Street, Shepton Mallet, BA4 5BT

Saturday 28th: 10am - 12pm

*check [GAJ](#) for specific children's (5+) clinics & times.

Book a Children for age 5+:

Appointments now open on [NBS](#).

Clarks Village (Alfred Gillet Trust

Building) Outlet Shopping Village, Farm Road, Street, BA16 0BB

Tues 31st May: 9am - 5pm

Cheese & Grain, Market Yard, Justice Lane, Frome, BA11 1BE

Thursday 2nd June: 9am - 5pm

South Somerset

Wincanton Hospital: Dancy Lane, Wincanton, BA9 9DQ

Mon 30th May and Wed 1st June:

*check [GAJ](#) for specific children's (5+) clinics & times.

Book a Children only for ages 5+:

Appointments now open on [NBS](#).

Abbey Manor Health Centre, The Forum, Yeovil, BA21 3TL

Every Wednesday: 9am - 7:30pm

Weds 29th June: 9:30am - 7:30pm

Saturday 18th June: 9:30am - 2pm

Chard Leisure Centre, Fore Street, Chard, TA20 1GR

Thursday 2nd June: 9am - 5pm



Over the half term there are dedicated children only days for [appointments](#) and [walk-ins](#) at Wincanton Community Hospital and Tower Vaccination in Taunton.

All children's clinics allow additional time with the specialist and trained staff to reassure and support families during their appointment.

Local Vaccine Centres

Grab a Jab - Walk In Clinics

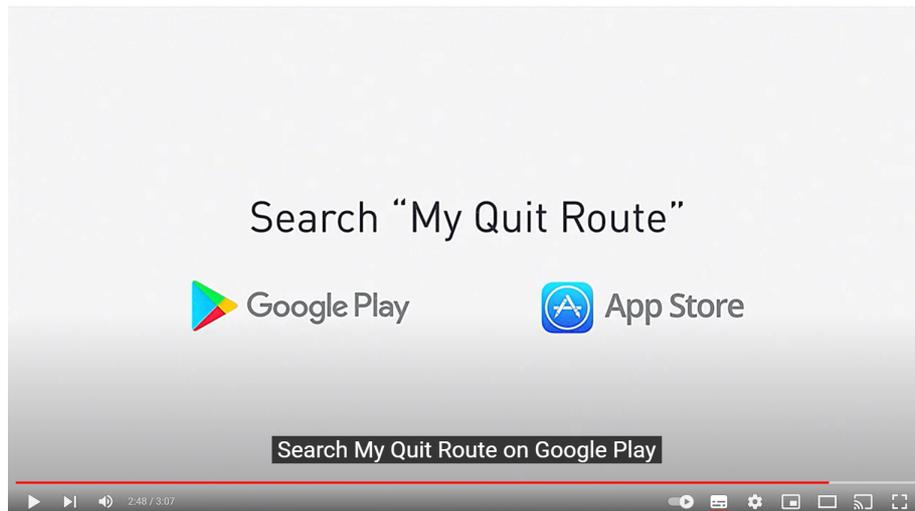
NBS - Appointments

Smoke Free Life Launches new App

[#SmokeFreeLifeSomerset](#) offer face to face, telephone and text support by trained quit coaches. The service offers free nicotine replacement therapy (NRT).

In addition, they have just launched [My Quit Route App](#). The app helps people map their

stop smoking journey, helps them prepare and plan, gives advice and encouragement and supports people every step of the way. Please share this with your networks.



thinktravel

Think Travel is a new website dedicated to planning journeys within Somerset. It includes information on public and community transport as well as Somerset County Council's [Slinky demand responsive service](#). There is also a dedicated noticeboard area to help facilitate car sharing where individuals or groups can post offers or requests for lifts.

Previous consultations have shown that access to transport can be a barrier to accessing some healthcare services. Please share details of this service with your networks.

[Click Here for More Information](#)

Over 70s or those with long term health conditions



We are conducting a survey to find out about the impact of the pandemic on older adults and those with long term health conditions. We would like to hear directly from this group and would be grateful if you could share this survey with your service users.

[Click Here for Survey](#)

We want to hear from you

Your feedback is valuable to us and we'd like to receive more from you and your communities. Ideas on different ways to engage and issues you are spotting locally will help us to reduce barriers to accessing healthcare.



[Tell us What you Think](#)



Local Helplines

If you require support please contact your local authority.

Mendip District council call 0300 303 8588

Sedgemoor District council call 0300 303 7800

South Somerset district council call 01935 462462

Somerset West and Taunton council call 0300 304 8000

Somerset County Council call 0300 123 22224

Helping you to help others

Resources and Further Information:

For the latest local information as well as digital resources, posters and flyers please visit: <https://www.somerset.gov.uk/coronavirus/>

For information and resources on staying healthy happy and safe at the time please visit: <https://www.healthysomerset.co.uk/covid-19/>



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